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[Home](#) > Host

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[Sara Kayat for website.jpg](#) [1]



We are delighted to announce our host for NHS Parliamentary Awards for the third consecutive edition, **Dr Sara Kayat!**

Dr Sara Kayat is a practicing GP at Gray's Inn Medical Practice. Prior to this she worked at Balham Park Surgery which featured on **Channel 5's GPs Behind Closed Doors**. She is also **This Morning's resident GP on ITV**, regularly offering her expertise on their weekly "Second Opinion" feature. She has appeared on **BBC 1 "The Truth About..."** series, **Channel 5's The Wright Stuff** and is frequently seen on the health segments on ITV News. She also took part in **Channel 4's Bear Grylls Celebrity Island**.

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